

THE BRILLIANCE SERIES ENJOYING VALUABLE TIME WITH YOUR CHILDREN

3 EASY WAYS TO ENJOY STORY TIME...AFTER A LONG, STRESSFUL DAY



- 1. Have your child bring you their favorite storybook. Ask the child these questions:
- Who is your favorite character?
- Show me your favorite picture. Why do you like it so much?
- Where does the story take place?
- Would you like to change the story? Tell me about it.



- 2. Have your child bring you a favorite toy or stuffed animal. Ask the child these questions:
- What is ______ 's most favorite adventure?Who is ______'s best friend?

- What is ______'s favorite food?What is ______'s favorite game?



- 3. Have your child close his/her eyes. Ask the child to do these:
- With your eyes closed, think of a favorite pet.
- · Make that pet bigger.
- Dress that pet in some fun clothes.
- Add a crazy hat and then give this pet a new name.



Note: If the child is having trouble imagining, try these little tricks:

- Parent: Who is your favorite character?
- Child: I don't know.
- Parent: Well, how about _____ (say the name of one of the

characters)? What do you like about _____?

• Parent: With your eyes closed, think of a favorite pet.

Child: Like what?

• Parent: Imagine in your mind a black cat.

Child: Oh, okay

• Parent: Now make that cat really big....as big as a house.

